

Female Hockey Programming Communication

Salmon Arm Minor Hockey is very proud to announce that Val Kloska has been nominated and confirmed to serve another two-year term as Vice President of Female Hockey here in Salmon Arm. Val has been a steady presence and has overseen the growth of our Female program in recent years. We look forward to continuing that forward momentum with Val at the helm for years to come.

We are also extremely excited to announce the addition of Niki Carlin to our Female program as the Division Manager for Female Hockey. Niki has most recently worked as the U13 Integrated Division Manager, and we are thrilled to have her join the Silverhawks program for the 2025/2026 season!

Working in support of all 6 Female divisions, Niki is now the main point of contact for all inquiries related to female hockey in Salmon Arm, and you contact her at female@salmonarmminorhockey.com

Program Information

U7

- Players born in 2019 & 2020
- We are currently projecting to have one U7 Female team
- 2 practices per week

U9

- Players born in 2017 & 2018
- We are currently projecting to have two U9 Female teams
- 2 practices per week

U11

- Players born in 2015 & 2016
- We are currently projecting to have two U11 Female teams
- U11 Female Development is on the table. There are two main requirements that must be met:
 - There is adequate demand within the association, which we believe there is
 - There is support from OMAHA, and the formation of a league
 - OMAHA Semi-Annual Meeting May 24, 2025
 - Delegates from SAMHA will attend and intend to support the formation of a U11 Female Development league
- 1 practice per week – Recreation

- 2 practices per week – Development *If Applicable
- If U11 Female Development is not offered, we will explore additional opportunities for those players who would like to see a higher level of play. We will communicate those options if/when the time arises

U13

- Players born in 2013 & 2014
- We are currently projecting to have one U13 Female Recreation team
- U13 Female players may try out for U13A in Vernon and do require a request to try out form to be submitted to GVMHA with their registration.
- 1 practice per week

U15

- Players born in 2011 & 2012
- We are currently projecting to have one U15 Female Recreation team
- U15 Female players may try out for U15A Novas and do require a request to try out form to be submitted to OMAHA with their registration.
 - Team host association TBD
 - OMAHA Meeting on May 24, 2025, will provide clarity on this
- 1 practice per week – Recreation

U18

- Players born in 2008, 2009 & 2010
- We are currently projecting to have one U18 Female Recreation team
 - We are currently below projected numbers for this team, and will work closely with our neighbouring associations to ensure that we have adequate numbers to continue the success of the U18 Female Recreation program
- U18 Female players may try out for U18A Novas and do require a request to try out form to be submitted with their OMAHA registration.
 - Team host association TBD
 - OMAHA Meeting on May 24, 2025, will provide clarity on this
- 1 practice per week – Recreation

*** There will be more information to come regarding Female programming, Fees, Schedules, and Team Declarations as we go through league meetings, and registration.**

*** Coaching Application information will be released soon. We will ensure that every coach wishing to apply has the opportunity, as we do not want anyone to miss out on the chance to put their name forward.**